



AMITA Health Medical Center Hinsdale:
Caring for You and Your Baby during COVID-19

As your health care team, we are here for you and your baby to provide the best care during this important time in your life. Due to recent events, the COVID-19 pandemic has changed some of our inpatient obstetric practices at our AMITA facility. Please talk to your health care provider if you have any questions.

Support Person and Your Care Team at AMITA Health Medical Center Hinsdale

- You are allowed one well support person when admitted to Labor & Delivery to stay with you.
- Your support person will not be allowed if they have symptoms of COVID-19, have tested positive for the virus, or might have been exposed to someone who has it.

Your Care Team and Keeping You and Your Baby Safe

- At AMITA Health Medical Center Hinsdale, universal testing for COVID-19 is required for all women admitted to Labor & Delivery to help determine the appropriate plan of care.
- Universal testing will benefit you, your baby and the health care team by determining hospital isolation practices, utilizing appropriate personal protective equipment (PPE), and providing you with appropriate discharge instructions and follow-up.
- Your care team will wear special protective gear when caring for you and your baby.
- You and your support person must also wear masks entering the hospital and during your stay.
- If you present to Labor and Delivery with COVID-19 symptoms, a rapid COVID-19 test will be provided upon arrival to quickly determine the best plan of care for you and your baby.

Testing: When, Where, and How

- Pre-testing is now required for all pregnant women prior to arrival to the Labor & Delivery unit.
- Arrangements for COVID-19 Pre-testing are as follows:
 - ✓ *Testing is done as a Drive-Through at the LaGrange Hospital Campus (Residency Building) 5101 South Willow Springs Road, LaGrange.
 - ✓ *Test needs to be done 48-72 hours prior to your delivery date.
 - ✓ Your Doctor will order the test and fax it to the test center, you will get a copy of this.
 - ✓ Please call **708-245-7026** to schedule the appointment.
- Testing for COVID-19 consists of swabbing the inside of your nose with a thin cotton applicator.

What Happens if I Test Positive?

- Special isolation precautions will be initiated.
- Your care team will wear specific protective gear while providing care to you and the baby.
- Based on The Centers of Disease Control and Prevention (CDC) recommendations, your care team will want you and your baby to be separated following delivery and during your stay. This is to keep you and your baby safe and prevent the transmission of COVID-19 to your baby.

We know this is a very important and special time in your life and not how you expected to have your baby.
We want to support you in any way we can.

For more information and other precautions, please speak with your provider and care team.